This chart is not a complete list of all the rules but is a chart of the changes that became effective on March 30, 2016. A complete copy of the rules can be found at childcarelicensing.utah.gov.

Licensed Family Rules R490-90
Section – 2 – Definitions
(2) "Caregiver" means an individual who provides direct care to children.
(14) "Provider" means the licensee.
(17) "School age" means children age five through twelve.
Section – 6 – Outdoor Environment
(8) The outdoor play area shall have a shaded area to protect each child from excessive sun and heat whenever there are children in the outdoor play area.
Section – 7 – Personnel
(6) Substitutes who care for children an average of 10 hours per week or more shall meet the training requirements of this rule.
(8) Any new caregiver, and volunteers who count in the caregiver to child ratio, shall receive at least 2.5 hours of preservice training prior to assuming caregiving
duties.
Preservice training shall be documented in the individual's file and shall include the following topics:
(a) specific job responsibilities;
(b) the Department-approved licensee's written policies and procedures;
(c) the Department-approved licensee's emergency and disaster plan;
(d) the current child care licensing rules found in Sections R430-90-11 through 24;
(e) introduction and orientation to the children in care;
(f) a review of the information in the health assessment for each child in care;
(g) signs and symptoms of child abuse and neglect, including child sexual abuse, and legal reporting requirements for witnessing or suspicion of abuse,
neglect, and exploitation;
(h) recognizing the signs of homelessness and available assistance
(i) preventing shaken baby syndrome, abusive head trauma, and coping with crying babies; and
(j) prevention of sudden infant death syndrome and use of safe sleeping practices.
(9) Substitutes who care for children an average of 10 hours per week or more, the licensee, and all caregivers shall complete a minimum of 20 hours of child care
training each year, based on the license date. A minimum of 10 hours of the required annual training shall be face-to-face instruction.
(c) Annual training hours shall include the following topics:
(i) a review of all of the current child care licensing rules found in Sections R430-90-11 through 24;
(ii) a review of the Department-approved licensee's written policies and procedures and emergency and disaster plan, including any updates;
(iii) signs and symptoms of child abuse and neglect, including child sexual abuse, and legal reporting requirements for witnessing or suspicion of

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abuse, neglect, and exploitation;
(iv) principles of child growth and development, including development of the brain;
(v) recognizing the signs of homelessness and available assistance;
(vi) positive guidance;
(i) preventing shaken baby syndrome and abusive head trauma, and coping with crying babies; and
(ii) prevention of sudden infant death syndrome and use of safe sleeping practices.
Section – 8 – Administration
(8) The provider shall report to the Child Care Licensing Program within the next Department business day any fatality, hospitalization, emergency medical
response, or injury that requires attention from a health care provider, unless the medical service was part of the child's medical treatment plan identified by the
parent. The provider shall also submit a written report to Child Care Licensing within five working days of the incident.
(9) The licensee shall establish, and shall ensure that all caregivers follow, written policies and procedures for the health and safety of each child in care. The
licensee shall submit to the Department these policies and procedures on a form provided by Child Care Licensing.
Section – 9 – Records
(1) The licensee shall maintain on-site for review by the Department during any inspection the following general records:
(f) copy of the current background screening card issued by the Department for all providers, volunteers, and each person age 12 and older who resides in
the licensee's home;
(3) The licensee shall maintain on-site for review by the Department during any inspection the following records for the licensee and each non-emergency substitute
and caregiver:
(a) pre-service training documentation for all non-emergency substitutes and caregivers as required in R430-90-7(8)
(4) The licensee shall maintain on-site for review by the Department during any inspection pre-service training documentation for each volunteer as required in
R430-90-7(9).
Section – 10 – Emergency and Preparedness
(4) The licensee shall submit to the Department a written emergency preparedness and disaster response plan on a form provided by Child Care Licensing.
Section – 12 – Injury Prevention
(4) The following items shall be inaccessible to each child in care:
(b) tobacco, e-cigarettes, e-juice, e-liquids, open containers of alcohol, illegal substances, and sexually explicit material;
Section – 20 – Activities
(1) The licensee shall develop a daily activity plan that offers activities to support each child's healthy physical, social-emotional, and cognitive-language
development. The plan shall include a daily opportunity for outdoor play, weather permitting.
Section – 24 – Infant and Toddler Care
(11) The licensee shall ensure that each crib used by a child in care:
(e) meet CPSC crib standards.

